



North East Youth Exchange Programme



Guidelines

2018-19



Nehru Yuva Kendra Sangathan

An Autonomous body of

Ministry of Youth Affairs & Sports

In collaboration with

Ministry of Home Affairs, Govt. of India

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GENERAL

(INTRODUCTION & GENESIS OF THE PROBLEM AND IMPORTANCE AT CURRENT JUNCTURE)

North Eastern States : A Historical Perspective :-

The North Eastern States bordering **Tibet, Myanmar, Bangladesh, Bhutan, Nepal and China** are of vital strategic importance for the country. These states namely **Arunachal Pradesh, Assam, Meghalaya, Manipur, Mizoram, Nagaland, Sikkim and Tripura** are connected to main land India through a 21 km corridor called '**Siliguri corridor**'/ '**chicken neck**'. As per historical records at the time of independence from British rule in 1947, there were only three states called **Manipur, Tripura and Assam**. Further four new states were carved out of the original territory of Assam as part of the Policy of the Indian government of reorganizing the states along ethnic and Linguistic lines. Accordingly, **Nagaland** became a separate state **in 1963**, followed by **Meghalaya in 1972**. **Mizoram** became a Union Territory **in 1972**, and achieved statehood - along with **Arunachal Pradesh-in1987**. It is also notable here that for most of their history , North Eastern States were independent, and their complete integration with India came about only during the British period. Presently consisting of 08 states including **Sikkim**, the entire North East of India is a land of diverse ethnic and tribal culture where more than 125 major indigenous tribes and 232 ethnic groups live and they speak as many as 400 dialects. The total population of North East is approximately 3.07% of the total population of India.

State wise Demographic Profile of North East India.

Sl. No	States	Total Population	Area(Sq Km)	Principal Language/s
01	Nagaland	19,80,602	16,579	Ao, Sema, Konyak (Nagamese is the lingua franca)
02	Tripura	36,17,032	10,486	Bengali, Kokborok (Tripuri), Hindi
03	Manipur	27,21,756	22,327	Manipuri(Meiteilon)and English (more than 29 local dialects).
04	Mizoram	10,91,014	21,081	Mizo(Lushai)& Bengali
05	Meghalaya	29,64,007	22,429	Khasi, Garo & Bengali
06	Assam	3,11,69,272	78,438	Assamese, Bodo, Bengali
07	Arunachal	13,82,611	83,743	Nishi, Monpa, Adi, Dafla

	Pradesh			etc.(over 50 distinct languages and dialects)
08	Sikkim	6,07,688	7,096	Nepali, Bhutia, Lepcha
	Total	4,55,33,982	2,62,179	

A Critical Understanding of Insurgency Problems & other Issues:-

However, ever since independence, the people of the north-eastern states have been restive. This is because these states though they are rich in natural resources, have experienced little industrial or economic growth. Unemployment has caused frustration amongst the youth. Demographic changes threatened continuation of the special ethnic identity of these people as also their culture and traditions. In nut shell, this forest covered mountainous terrain having porous borders with many neighbouring countries , provides an ideal setting for the growth of insurgency .In fact ,there is rise of insurgent activities and regional movements in the northeast , especially in the states of Assam , Nagaland , Manipur, Mizoram and Tripura. Most of these organizations demand independent state status or increased regional autonomy and sovereignty.

Insurgency problem of North East is almost four decade old and amongst various groups involved in insurgency there are over 15 underground political organizations. Reportedly, The United Liberation Front of Assam(ULFA)formed in April 1979 & the National Democratic Front of Bodoland (NDFB)are active in Assam; the Peoples Liberation Army formed in 1978, the United National Liberation Front (UNLF) & People’s Revolutionary Party of Kangleipak (PREPAK) are active in Manipur, the National Socialist Council of Nagaland (NSCN-IM) formed in1980 & the National Socialist Council of Nagaland-Khaplang (NSCN-K) are active in Nagaland; the National Liberation Front of Tripura formed in March 1989 & the All Tripura Tiger Force formed in 1990 are active in Tripura; the Achik National Volunteer Council (ANVC) formed in 1995 & the Hynniewtrep National Liberation Council (HNLC) are active in Meghalaya and the Hmar peoples Convention-Democracy formed in1995 & the Bru National Front (BNLF) formed in 1997 are active in Mizoram.

However, many of these underground organizations today are beset by gang rivalry. Internecine quarrelling among themselves continues for the control of tribes, geographical areas and for overall say in affairs of North Eastern States particularly Nagaland & Manipur. The factional fight amongst various insurgency groups has thus claimed many lives. The entire situation has been further aggravated by rising trends of ethnic violence. Kuki- Naga clashes have been going on since 1991 and other tribes like Dimasa & Mhar are also not living in Peace. Similarly many violent acts of ethnic cleansing have been committed in Assam ever since the insurgency stared in the state.

Another major problem of North East happens to be vast influx of migration of people from various parts of India especially from West Bengal & Bihar and neighboring Bangladesh. In olden times this migration was promoted by British to carry out developmental activities but it has not stopped till date. This huge migration have changed the face of the North Eastern

States considerably and set off a series of chain reactions from local tribal populace. For example, tribals accounted for 80% of the population of Tripura in 1949, today they account for the fewer than 30%. The situation is almost same in Assam which is a major cause of insurgency there.

In this situation handling of insurgency problem in North East from a military point of view may aggravate the situation further. Continuous security checks, combing operations, and counter protests, strikes etc not only hamper the economic progress but also deprive the people of their basic rights for Peace & Development. In absence of that the people then vent their anger by supporting extremists more. Extremists also try to destroy the very state machinery that is supposed to provide socio-economic up-liftment. The more hardship caused to the common people the easier it is for the extremist to wedge a gap between the state and people, and the more it happens easier it gets for the extremists to recruit new cadre. More than security crack-down the extremists fear most is losing public sympathy. Hence any counter insurgency measure must include people especially youth.

Background of the NYKS proposal :-

Therefore, arresting insurgency in the region is the most important task for bringing development of the North Eastern region. One of the modest yet crucial inputs in bringing about a position change is to channelize the energy of the young people for **peace and development** as well as ensuring their participation in nation building activities. Strategically speaking the role of DONER, North East Development Council (NEDC), NE Division of Ministry of Home Affairs, Government of India and Nehru Yuva Kendra Sangathan which is an autonomous body of Ministry of Youth Affairs & Sports is of Paramount importance towards creating situation whereby young persons will be motivated not to join militant groups but to join the mainstream of Nation development and participate in Nation Development programmes and activities. At the same time special efforts will be made to provide leadership, Life Skills training, improved vocational skills, knowledge and information on socio- economic development, technological advancement, entrepreneurship and self employment avenues etc.

With this view and successful implementation of North East Youth Exchange Programme in 2016-17 & 2017-18 with the task of extending facility to the youth of the North Eastern States for exposure visit, understanding socio- economic development, skill development goal setting and time management, constitution of India, patriotism, unity and integration, leadership and personality development, interacting with the Civil Society, understanding history, culture and traditions of the different parts of the nation thereby inculcating in them the feeling of nationalism, brotherhood, peace, harmony and developing leadership qualities for their overall development & empowerment and participating in nation development has endeavoured to organise North East Youth Exchange Programme for 2018-19 in five different places of country.

AIMS & OBJECTIVES

- To provide an opportunity to 8 North Eastern State's youth to visit different places of the country to understand the socio-economic development, cultural ethos, language, lifestyles of the people depicting unity in diversity aspect of our national life and awareness on social and financial inclusion programmes of Govt.
- To provide information and knowledge on constitution of India, duties and responsibilities of citizen, National Integration, Patriotism and Nation Development.
- To expose North Eastern State youth to the technological and industrial advancement that have taken place in different states of the country with focus on various developmental activities, skill development, educational & employment opportunities available there.
- To sensitize the North Eastern State youth about their rich traditional & cultural heritage and enable them to preserve it for the future generation.
- To help the North Eastern State youth to develop emotional linkages with their peer groups in different parts of the country and enhance their self esteem.
- To provide opportunities to the participants for interactions with the eminent personalities, local communities, Panchayati Raj Institutions and the youths affiliated with the NYKS Youth Clubs so as to develop emotional and cultural ties with the youth placed in similar life situation in different parts of the country.
- To develop personality of the North Eastern State youth by enhancing their understanding of Ten Core Life Skills, information on career opportunities & entrepreneurship.
- To give information on Scheme of Government of India and State Govt and provide them necessary guidance, and career counselling for their meaningful employment.

CONCEPT AND METHODOLOGY

Unlike other parts of the country the North East India holds an important position from a strategic point of view as these states share their borders with other countries like Bangladesh, Nepal, Bhutan, Myanmar and China. The terrain, the state of Socio economic development and historical factors such as language/ethnicity, tribal rivalry, migration, control over local resources and a widespread feeling of exploitation and alienation have resulted in a fragile security situation in the North Eastern States. This has resulted in violence and diverse demands by various Indian Insurgent Groups (IIGs).

Ministry of Home Affairs is taking all possible steps to address the genuine demands of various ethnic groups for development and for autonomy in managing their affairs. While the infrastructural developments like road, rail link, power supply water supply etc. are dealt with by Ministry of Development of North Eastern Region and various other line Ministries, the issues relating to strengthening of security, rehabilitation of people affected by militancy, bringing underground outfits to the main-stream through negotiations, confidence building measures etc. are looked after by the North East Division, MHA. Diplomatic initiatives pertaining to security related issues with Bangladesh and Myanmar are also being taken to strengthen the security situation there.

Because of above mention facts the youth who are residing in North Eastern States should be given opportunities to see the important places of the country to understand socio-economic development, life style, culture, skill development initiatives, entrepreneurship development, self employment opportunities and information on Flagship programmes of Govt. of India like Start up India, Stand up India, Digital India, Pradhan Mantri Jan Dhan Yojana, Programme of Social and Financial Inclusion. It is further stated that if the North East youth communities are getting sufficient information and opportunities to interact with their north east peer groups in other parts of the nation, the extremist activities among them can be curtailed and pace of development in the region will be accelerated with their participation. In this context this project envision the positive engagement of North East Youth through North East Youth Exchange programme.

Methodology

The North East Youth Exchange programme is to be organized at five Venues. The venues are viz. Patna (Bihar), Nagpur (Maharashtra), Raipur (Chhattisgarh), Udaipur (Rajasthan) and Kurukshetra (Haryana).

The programme will be organised by the concerned State Directors, NYKS, with support of concerned NYCs of NYK.

The programme will have participation of total of 1250 Youth drawn from 8 North Eastern States (**Arunachal Pradesh, Assam, Meghalaya, Mizoram, Manipur, Nagaland, Sikkim and Tripura**).

Sufficient number of the participants should be selected by State Directors, NYKS, Arunachal Pradesh, Assam, Meghalaya, Mizoram, Manipur, Nagaland, Sikkim and Tripura to factor in last minute drop out of the participants.

The target is to hold the programme in the month of Feb, 2019 & March 2019.

- 150-160 youth will be selected by concerned State Directors from each of 8 North Eastern States in 50:50 male: female ratio) in the age group of 18-22 years. In a batch of 20 youth 02 team leaders (01 male & 01 female) will be deputed. The participant will be selected from the Youth Clubs from the district NYKs of concerned states. The participants may also be selected from NCC, NSS and Bharat Scouts and Guide within the total number of participants.
- The representatives of Panchayati Raj Institutions may also be included within the total no. of participants and age relaxation may be given to them, if necessary.
- During the 6 days North East Youth Exchange Programme, Lecture Session, Seminar, Discussions, Padyatra, Costume Parade, information on Skill Development Training, Industry visit, Career Guidance (especially self employment), Orientation on Hospitality and Hospital management, Patriotism/and national development related programme, Cultural Programmes etc, will be organized. Apart from that, the participants will also visit places of Historical and cultural importance of the host state. Interactive sessions with dignitaries and eminent personalities will add values to this programme. Tentative Programme schedule is given at **Annexure-1**. Suggestive daily routine for the North East Youth Exchange Programme is given at **Annexure-2**.

Important

The organising and participating State/ Kendra should ensure:-

- a) Mobilising extra resources for the programme
- b) Organising innovative programme as well as ensure conduct of activities mentioned in the guidelines.
- c) Padyatra & Costume Parade should be organised to commemorate 150th Birth Anniversary of Mahatma Gandhi.
- d) That the Booklet on Govt. of India National Flagship Scheme is prepared and given to all participants
- e) The programme Video Film is developed professionally and submitted to NYKS Hqtrs.
- f) The theme of Ek Bharat Shreshtha Bharat should be included in the programme.

BENEFICIARIES AT EACH LEVEL AND THEIR INVOLVEMENT

The number of participants mentioned below will be drawn from the following 8 North Eastern States to participate in the North East Youth Exchange Programme at 5 venues viz. Patna (Bihar), Nagpur (Maharashtra), Raipur (Chhattisgarh), Udaipur (Rajasthan), and Kurukshetra (Haryana).

Brief of State wise number of participants and Team Leaders for the North East Youth Exchange Programme at various places across the country (Details at Annexure-12) are placed below.

Sl. No.	Name of States	Number of Participants	No. of Team leaders
1	Arunachal Pradesh	160	15
2	Assam	160	17
3	Manipur	160	16
4	Meghalaya	160	16
5	Mizoram	150	15
6	Nagaland	160	16
7	Sikkim	150	15
8	Tripura	150	15
	Total	1250	125

TABLE:-1

IMPLEMENTATION STRATEGIES

Selection of Programme Venues: The North East Youth Exchange Programme will be organized at five venues. The venues are viz. Patna (Bihar), Nagpur (Maharashtra), Raipur (Chhattisgarh), Udaipur (Rajasthan) and Kurukshetra (Haryana). The programme should be organised by the concerned State Directors, NYKS, with support of concerned NYCs of NYK. It is proposed to have participation of a total of 1250 Youth from 8 North Eastern States (Arunachal Pradesh, Assam, Meghalaya, Manipur, Mizoram, Nagaland, Sikkim and Tripura). The participating youth will be selected from NYCs Youth Clubs, NCC, NSS and Bharat Scouts and Guides. The youth will be in the age group of 18-22 years along with 2 team leaders (1 Male: 1 Female) in a batch of 20 youth. Hence from One state 150-160 youth will participate along with 15-16 team leaders.

Selection of Team leader for the participants

- In order to ensure successful implementation of the programme it has been proposed to deploy 02 team leaders each for a batch of 20 youth contingent from North Eastern State for entire duration of the programme. Total Number of team leaders is 125 for 8 States as mentioned per above mentioned table. The team leaders should be preferably from NYC or Ex-NYCs who can lead the group of participants and take all measures for their safety, safe journey and medical assistance during journey and programme . Details of

Budget per team leader and for total budget for 125 team leaders is attached at **Annexure-9**

ID Cards and Insurance of the participants

All the participants will be insured with a Govt. Insurance Agency by the Youth Coordinator for a period during which they will be travelling as well as participating in the programme.

T-shirts and Trousers

Concerned State Director/DYC of the programme venue will ensure providing the T-shirt(s) and trouser(s)/ and cap to the participants.

Venue and Dates of the Programme:

For organization of North East Youth Exchange Programme, State Directors of the respective states will finalize the dates, duration and venues of the programme immediately. The target is to hold the programme at two venues each month commencing from January to March, 2019. Each Venue will host 250 participants along with 25 Team Leaders.

One medical officer will be deployed by the concerned host State Director/DYC to take care the medical problems of participants in each venue.

Roles and Responsibilities of State Director and District Youth Coordinator

Respective State Directors and District Youth Coordinator will mobilise and select 1250 participants and 125 team leaders from 8 North Eastern States as per details given on Annexure 12. The DYCs will also get the filled in application of the selected candidates along with filled in Indemnity Bond. Before the departure of the participants to various venues in the country for the North East Youth Exchange Programme all the participants and team leader should be thoroughly briefed and oriented about the programme by the concerned District Youth Coordinator of NYK. The participants should also be informed about their roles and responsibilities and they should also be got introduced with each other as well as with the team leaders. The DYC will issue I-Cards and arrange insurance cover for all participants and team leader. DYC will also make travel arrangements like booking of reserve tickets and payment of Journey DA to the participants and escorting officer under supervision of the concerned State Director.

For the successful implementation of the programme and ensuring the safety of participants; the participating SDs and DYCs, NYKs will select and deploy 2 team leaders (1 Male and 1 Female) for a batch of 20 participants. The team leaders will be responsible for safety, care and guidance to the participants from the time of departure till coming (arrival) back from the programme place to home state/district. The team leaders shall preferably be selected from amongst NYCs/Ex-NYCs.

Reporting: - Immediately after completion of the programme the concerned State Director should endeavour to submit the detailed report in the reporting format as per **Annexure no. 10** and Audited Utilisation Certificate within 15 days after completion of the programme.

IEC STRATEGY, TRAINING AND FORMATS

- After selection of the participants by concerned DYC, NYK the participants will be provided with details of programme and activities for their information and knowledge.
- A special 2 days (1+1) briefing and Debriefing will be organised for the participants by concerned DYC, NYK for briefing and debriefing before the departure and on arrival after the completion of programme.
- The district wise list of participants along with filled in application form (**Annexure-3**) selected by NYKS must be communicated to concerned District Youth Coordinator and concerned State Director of the host State.
- All the participants will be required to fill up the Indemnity Bond before participating in the programme (**Annexure-4**)
- All the participants will be required to submit the Medical Fitness Certificate signed by Medical Officer before participating in the programme (**Annexure-5**)
- The list of selected participant will be as per **Annexure-6**.
- The participants will be issued proper ID cards by the concerned YC before they start their journey for the programme. The sample ID card is given at **Annexure-7**
- Contact details of District Youth Coordinators and State Nodal Officer of NYKS for this purpose is attached herewith at **Annexure-8**.
- Budget details for team leaders is at **Annexure-9**
- The Reporting format is at as per **Annexure no. 10**
- Feedback forms for participants at **Annexure- 11 (a&b)**.
- Venue wise distribution of Participants and Team leaders from 8 North Eastern State is at **Annexure-12**.

NEW ACTIVITIES

- Padyatra and Costume Parade commemorating 150th birth Anniversary of Mahatma Gandhi
- Sankalp Se Siddhi- for New India Initiatives to be shared with the participants.
- Important Programmes and activities of Ek Bharat Shreshtha Bharat
- 30 Minutes presentation (PPT) for participants on Flagship schemes of Govt. of India at all venues.
- Interaction and meetings with service providers or recruitment agencies for providing job opportunity to the participants.

Important

- T Shirts, Trousers and Caps should be provided to the participants and Team Leaders by concerned participating State Director/DYCs before the commencing of briefing session and journey.

AWARENESS ON NATIONAL FLAGSHIP PROGRAMME OF GOVT. OF INDIA FOR FINANCIAL AND SOCIAL INCLUSION.

- Pradhan Mantri Jan Dhan Yojna, (Pradhan Mantri Suraksha Bima Yojana, Pradhan Mantri Jeevan Jyoti Bima Yojana, Atal Pension Yojana).
- MUDRA Bank (Micro Units Development and Re-Finance Agency).
- Swachh Bharat Mission, Nirmal Bharat Abhiyan- Constuction of Toilets.
- Digital India.
- Make in India.
- Skill India.
- Beti Bachao – Beti Padhao Abhiyan.
- Practice and Promotion of Good Governance and Civic Responsibilities.
- Participation in Sansad Adarsh Gram Yojana.
- Shramdaan – motivating youth to devote 100 hours on voluntary labor a year (2hrs a week) in their areas.
- Other Schemes for the benefit of youth and masses.

Important points to be noted by State Director and District Youth Coordinator for successful implementation of North East Youth Exchange Programme

- Care needed in the selection of participants so that there are no drop outs. It is suggested that, those participants are to be selected who are determined to participate in the programme. The drop outs hamper the target achievement.
- The participants should be of sound health.
- Easy process may be adopted in selection of participants.
- Cultural performers may also be included in the list of participants.
- Briefing of participants about the programme is essential to be done prior to attending the programme by DYC, NYK
- Reservation of journey tickets of participants should be done at least 3 month in advance and once tickets are reserved it must be ensured that there are no drop outs.
- Deployment of team leaders may be made with proper seriousness, so that there are no dropouts.
- Youth from less privileged section of society need to be included.
- Briefing of participants about the programme is essential to be done prior to attending the programme by DYC, NYK
- The participants should be given exposure to industry and Skill Development programme during North East Youth Exchange Programme which may facilitate the provision of employment to them.
- Accordingly, quality site visits should be organised & literature on developmental Schemes of Centre & States pertaining to North Eastern States may also be provided to them.

- Efforts should be made to increase the involvement of female participants.
- The detailed programme should be chalked out by concerned SD, NYKS along with resource persons.
- Interaction of school students with the participants of North Eastern Youth Exchange Programme are to be made mandatory.
- Number of VIPs/Dignitaries invited in the programmes, should be kept limited and number of their speeches will be kept minimum.
- Health Status of all the participants would be checked by the Doctor before leaving from the Headquarter.
- Coordination and Assistance of District Administration should be sought for successful implementation of the North East Youth Exchange Programme.

FINANCIAL IMPLICATIONS

Budgetary provision for TA/DA, I-Cards and Insurance per participating NYK

1. TA/DA provisions:

- a) Each participant and escort will be reimbursed to & fro journey fare from residence to district headquarters Rail head/Station and back from Arunachal Pradesh, Manipur, Tripura, Nagaland and Meghalaya @ Rs. 2000/- only (subject to actual) on producing of ordinary/semi deluxe bus/train ticket or journey by any other public transport system and other recognised mode of transportation prevalent in the area.
- b) Each participant and escort will be reimbursed to & fro journey fare from residence to district headquarters Rail head/Station and back from Assam and Sikkim @ Rs. 1000/- only (subject to actual) on producing of ordinary/semi deluxe bus/train ticket or journey by any other public transport system and other recognised mode of transportation prevalent in the area.
- c) Travelling allowance for each participant and escort for their to & fro journey from district headquarter railway station up to programme place and back will be admissible @ Rs. 2400/- per person (subject to actual) on producing of 'Sleeper Class' Rail journey tickets by shortest route/ Bus Fare.
- d) D.A @ Rs. 250/- per head per day for maximum of 4 days on the basis of total journey period (including too & fro journey period) may be paid to all participants and team leaders from each district subject to actual journey period.

2. Budget for ID cards and Insurance cover:

A Budget Provision of Rs. 200/- per head has been made for providing ID cards and Insurance cover to all participants and team leaders.

Budget for North East Youth Exchange Programme

Total No. of Participants: 250 Youth from North Eastern States per venue

S. No	Main Head	Particular	Amount (In Rs)
1	Travelling Allowance	a) T.A. to participants of Arunachal Pradesh, Mizoram, Manipur, Tripura and Nagaland @ Rs. 2000/- per head from residence to district headquarter and back (2000x188) subject to actual	312000
		b) T.A. to participants of Assam, Meghalaya and Sikkim @ Rs. 1000/- per head from residence to district headquarter and back (1000x62) subject to actual	94000
		c) Travelling allowance (to and fro) from District to programme place and back @ Rs. 2400/- per head (2400x250) subject to actual	600000
		d) Local TA from station/ Bus stand to the place of accommodation of the participants and back @ Rs. 250/- per participant for 250 participants (250 x 250)	62500
2	D.A during Journey	D.A. @ Rs. 250/- per head per day for 8 days journey period (250x250x8) subject to actual	500000
3	Boarding and Lodging	B&L expenses @ Rs. 350/- per head per day for 8 day (6+2 days (1 day prior to departure briefing and 1 day on return for feedback and follow up) (250 x350x8)	700000
4	Resource Kit/Bag to participants	@ Rs. 200/- per person (200x250)	50000
5	Organization of interactive programmes	Minimum two programmes @ Rs.25,000/- per programme.	50000
10	Insurance	ID cards, insurance etc. @ Rs. 200 per person (200x250)	50000
11	Inaugural ,valediction & cultural programme.	Tent and Shamiyana, decoration and organizational expenses including Electricity & Light, Sound etc	80000
12	Printing of Programme Brochure, Banners, Still Photography, Videography and press conference	Press Conference, printing of Programme Brochure, Backdrops, Banners, Still Photography, & videography, etc.	80000
13	Transportation	Hiring of Buses for field visit and for interactive meeting with VIPs and eminent persons at their official residence, @ Rs.5,000/- per bus per day for 5 buses for 02 days (5000x5x02) as per actual	50000
14	Thematic Programmes	Every day Cultural evening programmes, Group Discussion, Career guidance and Seminar etc	70000
15	Documentation	Documentation and Reports Preparation etc.	50000
16	T-shirts, Trousers and Caps	Procurement of T-shirt, Trouser and Caps to the participants for 250 participants @ Rs. 1000	250000
17	Medical Assistant	One medical officer for the venue @ Rs. 2000 per day for 6 days	12000
Total of PART-A for One Programme for 250 participants			30,10,500
PART-B :- Budget for 25 team leaders @ Rs. 10150/- per head (as detailed in Annexure-9)			2,53,750
Total for One programme			32,64,250
Total for 5 programmes 32,64,250 x 5)			1,63,21,250
(Rupees One Crore Sixty Three Lakh Twenty One Thousand Two Hundred Fifty Only)			

EXPECTED OUTCOME

- To have provided an opportunity to selected North Eastern State youth to visit different places of the country to understand the socio-economic development, cultural ethos, language, lifestyles of the people depicting unity in diversity aspect of our national life and awareness on social and financial inclusion programmes of Govt.
- To have provided selected North Eastern State youth information and knowledge on constitution of India, duties and responsibility of citizen, National Integration, Patriotism and Nation Development.
- To have provided exposure to selected North Eastern State youth to the technological and industrial advancement that have taken place in different states of the country with focus on various developmental activities, skill development, educational & employment opportunities available there.
- To have sensitised the selected North Eastern State youth about their rich and traditional cultural heritage and enable them to preserve it for the future generation.
- To have helped the North Eastern State youth to develop emotional linkages with their peer groups in other part of the country and enhance their self esteem.
- To have provided opportunities to the participants for interactions with the local communities, Panchayati Raj Institutions and the youths affiliated with the NYKS Youth Clubs so as to develop emotional and cultural ties with the youth placed in similar life situation in different parts of the country.
- To have developed personality of the North Eastern State youth by enhancing their understanding of Ten Core Life Skills, identify their skill development oriented training needs hospitality & fulfilment of their legitimate career aspirations and provide them necessary guidance and career counselling

BRIEFING OF THE PARTICIPANTS- BEFORE DEPARTURE OF

THE PARTICIPANTS

It is important to note that the participating NYKS Kendras/States would organize briefing session before the departure of the participants.

Similarly, a joint de-briefing & feedback session should be organized on the arrival of participants from the NEYEP programme. During this session activities and their plan of action for the participants be prepared and followed up. **The report on the same & plan of action be submitted to NYKS, hqtrs.**

Besides above, during the programme live feedback of participants on Video should be taken.

The host NYKS Kendra/State should conduct two sessions viz. expectations of participants (Annexure 11a) and feedback about programme (Annexure-11b) from participants.

1. **Briefing of the participants before attending the programme.**
 - After selection of the participants they should be provided with details of programme and activities for their information and knowledge and will be briefed about the programme.
 - Participants will be briefed thoroughly by DYC, NYK along with Team Leaders on the eve of their departure to programme venue. Purpose of this session would be to provide opportunities to the participants to conceptualize and internalize the motive of NEYEP programme.
 - Briefing of participants about the programme is essential to be done prior to attending the programme by DYCs of respective participating NYKs.

2. **Debriefing of the participants on their return back to Home town.**
 - After the completion of the North East Youth Exchange Programme the concerned SD/DYC would endeavour to follow up the programme with the participants. One day debriefing session would be organized for this purpose.

- The concerned officers shall orient the participants and develop social action initiative involving larger youth population of the district for the development of North East Youth and mainstreaming them with the development programme at State and National Level. The concerned SDs and DYCs should coordinate with State line department for developing Action Plan for mainstreaming North East youth in the process of development.
- They will also ensure the sharing of experience of the participants who attended the North East Youth Exchange Programme.

EXPECTATIONS AND FEEDBACK OF PARTICIPANTS BY HOST KENDRA/STATE RESPECTIVELY ON FIRST AND LAST DAY OF PROGRAMME

a. **Written Feedback:** - Questionnaire for assessment of **expectation of the participants** from the programme on their arrival at programme venue and **feedback of the participants** about the programme while departure from programme venue have been provided at Annexure - 11 (a & b). The concerned State Director will give the dedicated responsibility to one of the Youth Coordinator of the State for getting both the feedbacks (on Arrival, on Departure) filled up by all participants. **The compiled report and analysis of the feedback form received from all the participants should be enclosed with the detailed report of the programme at each venue.**

b. **Live Video interactions/Feedback:** - In order to have **live feedback from participants**; Interactive Session with participants about their expectations from the programme on their arrival and feedback about the programme on their departure should positively be organised. **Videography of both the session is mandatory which should be submitted to NYKS Hqtrs with the detailed report.**

North East Youth Exchange Programme, 2018-19
Supported by: Ministry of Home Affairs, Government India
Venue:-.....
Duration: From.....to.....
Suggestive Programme Schedule

Sl. No	Details of Programmes	Dates
01	Arrival and registration of the participants at programme venue/location before holding of inaugural function. De freezing	Day -0
02	Padyatra & Costume Parade commemorating 150 th Birth Anniversary of Mahatma Gandhi, Lecture series on Understanding about our freedom movement, understanding Indian Democracy, Scientific & Technological Advancement, Issues related to development & empowerment of youth, understanding gender issues, curbing violence & atrocities on women, development & empowerment of women, understanding threats & challenges posed by division forces with reference to communalism, regionalism, terrorism & role of youth in propagating peace & harmony, unity & integrity, followed by cultural programme	Day-1
03	Orientation of participants on Patriotism and Nation Building through thematic discussions/seminar and on issues related to problems of North Eastern States, Employment generation and socio economic development of youth of North Eastern States followed by cultural programme	Day -2
04	Full day session on Employable Skill Development training Programme, Career Guidance and Counselling with reference to different career opportunities available to youths especially on Hospitality and hospital management sectors. Assessment of training needs of participants under various skill development programmes and entrepreneurship, followed by cultural programme	Day -3
05	Visit to educational institution of national importance, start ups, stand up units, Hospitality industries and hospital management industries and related industries followed by orientation on Hospitality and hospital management followed by cultural programme	Day -4
06	Possible Interactive Meeting with important public dignitaries like Hon'ble Governor, Hon'ble Chief Minister & other famous personalities from sports/games/academics/entrepreneurs/educationist/social work/youth work of the concerned host states, followed by cultural programme	Day -5
07	Experience sharing, Group discussions, Presentation by participants, summing up, Programme Evaluation / feedback of participants, finalization of follow up action plan, concluding remarks and development of action plan for way forward followed by cultural programme and departure of participants	Day -6

Note: - This is the suggestive programme schedule. The programme should be a balanced mix of information, knowledge, skill development, entrepreneurship and discourses on current national issues for awakened youth from North Eastern States striving for nation development. Some brain storming sessions on local issues will also be included in the curriculum. They would be sensitized & made aware of following areas of national importance viz. Union Government Flagship Programmes, Prevention of Drug Abuse, Alcoholism and other substances, Democratic Rights awareness with emphasis on that youth must vote, Road Safety and Security awareness, Yoga, Health & Hygiene and Swachhta, ODF, Care for elder-interactive, talk to them & pay respect to them, Water usages and harvesting and plantation, Rejuvenation of River Ganga, Promotion of Cashless Transactions duly distributed in different days and sessions.

Detailed Programme Schedule of North East Youth Exchange Programme, 2018-19**Day - 0**

Press Conference (briefing the Media about the programme)	Before a day of the organization of the programme evening
Arrival of Participants	Preferably by evening
Accommodation of Participants	From evening

Day - 1

• Registration of Participants & Team Leader	9.00 to 9.30 AM
• Distribution of Kit bag	9.30 to 10.00 AM
Self Introduction of participants & their expectation from the programme though ice breaking exercise and questionnaire	10.00 - 11.30 AM
Briefing on the programme	11.30 to 12.00 AM
A glimpse on programme & Activities of NYKS & Dept. of Youth Affair & Sports, GOI	12.00 to 1.00 PM
Lunch	1.00 to 2.00 PM
Inaugural function of the North East Youth Exchange Programme	2.00 to 4.0 PM
Interaction, experience sharing and expectations of North East Youth for their development, empowerment and way forward to participate in Nation building.	4.00-5.30 PM
Cultural Programme	6.00-8.00 PM
Dinner	8.30 to 9.30 PM

Day 2

Seminar on Life & Teachings of Mahatma Gandhi, Patriotism & Nation Building followed by sharing of views and reactions of youth	9.00 to 10.30 AM
Thematic Discussion on issues of North East States and Role of Youth vis a vis teachings of Mahatma Gandhi	10.30 to 11.30 AM
Understanding threats & challenges posed by insurgent groups in North East followed by discussion	11.45 to 13.00 PM.
Session on National Flagship scheme of Govt. of India with power point presentation followed by Question Answer Session	2.00 to 3.00 PM
Session on Sankalp se Siddhi	3.00 to 4.00 PM
Session on followed by discussion	4.00 to 5.30 PM
Awareness Session on Safety and Security of Women	5:30 to 6:00 PM
Cultural Programme	6.00 to 8.30 PM

Day - 3

Seminar on Skill Development & Career Guidance	9.00 to 10.00 AM
Orientation on Various Career opportunities available to Youth including career in local forest products, handicrafts & Sports of North east region	10.00 to 11.00
Panel Discussion on National Flagship Programme i.e. Social and Financial	11.00 to 2.00

Inclusion Scheme of Govt. for youth, Followed by Question Answer Session (Special reference to MUDRA Yojna, Start up & Stand up India etc.)	
Motivational talk on Entrepreneurship development & interaction with Corporate & Industrial houses.	3.00 to 4.00 PM.
Interaction and meeting with service providers or recruitment agencies for exploring the talents from the participants	4:00 to 6:00 PM
Cultural programme.	6.00 to 8.30 PM

Day - 4

Visit to educational Institutes of National Importance/Industries/ Scientific Institution & Places of Historical Importance and their interaction as well as Group presentation on the learning by participants on visit programme	9.00 to 2.00 PM.
Possible interactive Meeting of participants with important public dignitaries. (Hon'ble Governor/Chief-Minister/Youth Icon/Famous personality from the field of Tourism, Handicraft, Sports, Academics, Entrepreneurship /Education/Social Workers etc.)	3.00 to 5.00 PM
Cultural Programme	6:00 to 9:00 PM
Interactive session on Sharing of Best Practices by Kashmiri Youth and local Resource person	9.00 to 10.00 AM

Day - 5

Interactive session on Language Learning (Ek Bharat Shrestha Bharat)	10.00 to 11.00 AM
Session on Swachh Bharat Mission & Role of youth	11.00 to 12.00AM
Session on Environment Awareness & Conservation and role of youth	12.00 to 1.00PM
Interactive session on Handicrafts and Handlooms of North East States	2.00 to 3.30PM
Traditions and Flavours of North East State Cuisine and how they can be promoted	3.30 to 5.00 PM.
Cultural presentation by participants	6.00 to 9.00 PM.

Day -6

District wise development of action plan for involving large youth population of the district for their development & ensuring participation in the development process	9.00 to 10.00 AM
Summing up the whole programme	10.00 to 11.00 AM
Filling up the feedback form by participants and submission to DYC	11.00 to 12.00 AM
Feedback of participants through video recording and sharing of experience	12.00 to 1.00 PM.
Valedictory & closing ceremony	2.00 to 5.00 PM
Departure of participants	5.00 PM onwards

Nehru Yuva Kendra Sangathan

Suggestive Daily Routine for the North East Youth Exchange Programme (2018-19)

Time	Programme / Activity
05.00 AM-05.30 AM	Morning Rise
05.30 AM -06.00 AM	Daily Morning Routine
06.00 AM -06.30 AM	Devotional Songs and Community Singing
06.30 AM -07.30 AM	Yoga / Exercise, Traditional/Popular Games
07.30 AM -8.00 AM	Padyatra, Costume Parade, Community Work/Shramdan/ Cleaning of the Campus (Swachhta Abhiyan)/Tree Plantation
08.00 AM -09.00 AM	Breakfast
09.00 AM -09.30 AM	Session -1
10.00 AM -11.30 AM	Session-2
11.30 AM -11.45 AM	Tea
11.45 AM -13.00 PM	Session-3
13.00 PM -14.30 PM	Lunch
14.30 PM -17.30 PM	Session-4
17.30 PM -17.45 PM	Tea
17.45 PM -18.30 PM	Sports & Games
19.00 PM -21.00 PM	Cultural Programmes
21.00- PM 22.00 PM	Dinner
22.00 PM	Lights off

Nehru Yuva Kendra Sangathan
Ministry of Youth Affairs and Sports, Govt. of India
North East Youth Exchange Programme
(2018-19)

Supported by: Ministry of Home Affairs, Government India
Application Form for Participants and Team Leaders

Space for pasting of duly attested Passport Size Photograph of the Participants

Name:-.....

Fathers'/Spouse Name:-.....

Date of Birth:-..... **Age (as on 01.12.2018):**.....

Gender:-.....

Educational Qualification:-.....

Complete Address with Pin Code:-.....

.....

Contact Phone/Mobile No. with STD Code (Self and Guardian both):-.....

.....

Email ID:-.....

Annual Family Income.....

Whether Member of Youth Club/Mahila Mandal/NCC/NSS/Bharat Scouts Guide- Please tick.

Experience in Youth Work or Community Service.....

Vocational Training/Skills.....

What are your expectation from this programme.....

.....

Particulars of Bank Account:-

Bank Account Number:- _____ Aadhaar Number:- _____

Name of Bank:- _____

MICR Code:- _____ Bank IFSC Code:- _____

Name Address and Telephone No. of Two References

Details of Reference 1:-

Name : _____

Address:- _____

Telephone/Mobile No. _____

Details of Reference 2:-

Name : _____

Address:- _____

Telephone/Mobile No. _____

I undertake that the information furnished by me as above is correct as per my knowledge and belief. I am also undertaking that I have informed my parent/guardian for participating in the North East Youth Exchange Programme.

Signature of the Applicant
(Name.....)

Place:

Date:

**Nehru Yuva Kendra Sangathan
Indemnity Bond for Participants and Team Leaders**

North East Youth Exchange Programme, 2018-19

I, _____, son/ daughter of
_____, resident of village
_____, Distt _____

do hereby declare that as a Participant of North East Youth Exchange Programme, I am willingly participating in the programmes & activities of North East Youth Exchange Programme & That I am given detailed information of the North East Youth Exchange Programme (including journey to be undertaken to programme venues of North East Youth Exchange Programme and back), and that under no circumstances will I make any claim for any loss or injury that I may suffer in the course of the programme & activities of North East Youth Exchange Programme, 2018-19

I fully understand that NYKS, Ministry of Youth Affairs and Sports and MHA, Govt. of India will not be responsible to make any kind of compensation in consequence of any mishap/loss/injury suffered by me during this programme and activity.

(Signature of Participant/ Team Leader)

Name _____

Date _____

Signature of Witness 1:

Name _____

Date _____

(Signature of Parent)

Name _____

Date _____

Signature of Witness 2:

Name _____

Date _____

**North East Youth Exchange Programme
(2018-19)
Medical Fitness Certificate**

(Participants and Team Leaders)

(To be signed by a registered medical practitioner holding a degree not below that of MBBS)

(TO BE SUBMITTED WITH THE APPLICATION FORM)

Name (in Block letters): _____	Passport Size Photograph of Candidate
Age: _____ Gender : _____	
Complete Address: - _____	
Father's Name:- _____	
Height:- _____ Weight: _____	
Blood Group & Rh. Factor: _____ Chest: _____	
Heart & Lungs: _____	
Vision: L: _____ R: _____	
Colour Vision: _____	
Hearing: _____	
Hernia/Hydrocele/Piles: _____	
Remarks: _____	

I certify that I have carefully examined Sh./Km./Sm. _____
Son/Daughter of Sh. _____, who has signed in my
presence. He/She has no mental and physical disease and is FIT to participate and undertake long
journey for attending the programme.

Signature of the Participant

/Team Leader

**Signature of the Medical Officer with seal and
Registration Number**

Name: _____

Place: _____

Date: _____

Nehru Yuva Kendra Sangathan
North East Youth Exchange Programme, 2018-19
Supported by: Ministry of Home Affairs, Government India

Venue:-.....

Duration: From.....to.....

List of participants in batches of 30-33

Name of the District:.....

Name of the State.....

Sl. No	Name of the Participants	Father's/Spouse Name	Gender (Male/Female)	Full Address	e-mail	Tel. & Mob. No	Date of Birth (Age)	Academic Qualification
01								
02								
03-20								

(A) Details of Team Leaders (2 team leaders in a batch of 20 participants)

Sl. No	Name of the Participants	Father's/Spouse Name	Gender (Male/Female)	Full Address	e-mail	Tel. & Mob. No	Date of Birth (Age)	Academic Qualification
01								
02								

(Verified)
 (Name & Signature of
 District Youth Coordinator
 Of Concerned District
 NYK with seal)

(Verified)
 (Name & Signature of
 Concerned State Director
 Of Concerned State
 NYKS with seal)

Nehru Yuva Kendra Sangathan
An Autonomous body of
North East Youth Exchange Programme, 2018-19
Ministry of Youth Affairs and Sports,
Govt. of India

Supported by: Ministry of Home Affairs, Government India

Venue:-.....

Duration: From.....to.....

Format of ID Card For Participants & Team Leaders

Space for pasting of
duly attested
Passport Size
Photograph of the
Participants

Name:-.....

Fathers'/Spouse Name:-.....

Date of Birth:-.....

Gender:-.....

Blood Group:-.....

Complete Address with Pin Code:-.....

.....

Contact Phone/Mobile No. with STD Code (Self and Guardian both):-.....

.....

Name and Designation of issuing Authority:-.....

.....

Mobile/Phone Number:-.....

Signature of the Issuing Authority

Name:.....

(District Youth Coordinator, NYK.....)

(Seal)

Details of Nodal officers of NYKS for North East Youth Exchange Programme

1. List of Participating States (North East States)

Sl. No.	Name of Zone	State Director	Address	Phone No. and Fax No.
1.	Arunachal Pradesh	Shri Inkhuanguang	Nehru Yuva Kendra Sangathan,, Shri Olam Tolam Itanagar-791111 Arunachal pradesh	Phone No:- 360-2218388 Mobile No. 09435555950 email:, itp_ghy@yahoo.com
2.	Assam	Shri Inkhuanguang	Nehru Yuva Kendra Sangathan,, Mathura Dwarka Path, Mathura Nagar, Dispur, Guwahati-781006, Assam	Phone No:- 361-2332987 Mobile No. 09435555950 email:, zdnyksguwahati@gmail.com , itp_ghy@yahoo.com
3.	Manipur	Ms.Jackie Ruivah	Nehru Yuva Kendra Sangathan, DG office PO lamphel (UW) Complex Imphal-795004, Manipur	Phone No:- 385-2411675, Mobile No. 9436891402 email:, zdimp_nyks@yahoo.co.in
4.	Meghalaya	Shri Inkhuanguang	Nehru Yuva Kendra Sangathan, Dhankheti, Kharmalki Road, Malki, East Khasi hills, Shillong-793001, Meghalaya	Phone No:- 364-2502667 Mobile No. . 09435555950 email:, zdnyksmeghalaya@yahoo.com
5.	Nagaland	Ms.Jackie Ruivah	Nehru Yuva Kendra Sangathan, Opp. SBI, Leirie Branch, PO- Kohima- 797001, Nagaland	Phone No:- 370-2222361, 2245231 Mobile No. 9436891402 email:, zd_nyksngld@yahoo.com , nykkma@yahoo.com
6.	Tripura	Shri Tapan Nag	Nehru Yuva Kendra Sangathan, near Rajdhani Petroleum Bardowali West Tripura (Agartala)- 799003, Tripura	Phone No:- 381-2373987, 2373939 Mobile No. 9436476497 email:, zdnykstripura@gmail.com
7.	Mizoram	Shri Sayed Ali	Nehru Yuva Kendra Sangathan, Building Bazar Bungkawn, Dawrpui, Aizwal-796001, Mizoram	Phone No:- 389-2300046, Mobile No.9470644855 Email :- zdnyksazl@gmail.com
8.	Sikkim	Shri Nabin Nayak	Nehru Yuva Kendra Sangathan, Upper Deorali, PO Tadong, East Sikkim, Gangtok-737102, Sikkim	Phone No:- 3592-280409, 280301 Mobile No. 7602397237 Email :- nykszosikkim@yahoo.co.in

2. Details of Host States, NYKS

Sl. No.	Name of Host State	Venue	State Director	Name of DYC and their contact number & email no.	Address	Phone No. and Fax No.
1.	Bihar	Patna	Dr. Kumari Jyotsna	Sh. Ravindra Mohan, Mobile- 9431077636, Email- dyc.patna@gmail.com	Nehru Yuva Kendra Sangathan, RCC 121, Rani Sadan, Second Floor, Bahadurpur Housing colony, Sector-4 near TV Tower, Kankarbagh, Patna	Phone No.:- 612-2344261 Mobile No- 9431204356 Email :- zdnykspatna@gmail.com , nyks_2006@yahoo.co.in
2	Maharashtra	Nagpur	Shri Dinesh Rai	Sh. Sharad Salunke, Mobile- 9422217214, Email- ycnyknagpur@rediffmail.com	Nehru Yuva Kendra Sangathan, 2nd Floor JPN Bhawan Klina Camp Mum University, Vidyanagari Santacruz, East Mumbai-400098, Maharashtra	Phone No.:- 022-26530292, 26530203, Mobile No- 8982000055 Email :- zdnyksmaha@rediffmail.com , dineshrai@gmail.com
3	Chhattisgarh	Raipur	Shri Manoj Kumar Samadhiya	Smt. Neeta Dumre, Mobile 8821888819, 7999612565, Email- raipur2262674@yahoo.co.in	Opp Tuteja Big(NCC Office), Nr Gole Chowk, Rohini Puram, Raipur Chhatisgarh Pin : 492013	Phone NO:- 771-2262674, 2263674 Mobile No. 09425015012 email:, nyks_raipur2262674@yahoo.com
4	Rajasthan	Udaipur	Shri Shyam Singh Rajpurohit	Sh. Pawan Kumar Amravat, Mobile 9414365235, email- ycudp123@gmail.com	Nehru Yuva Kendra Sangathan, Room No. 204-205, Kendriya Sadan Khand A, Sector -10, Vidadar Nagar, Jaipur-302001, Rajasthan	Phone No.:- 141-2232665, Mobile No.:- 9558946145 Fax No.:- 141-2236836 E mail: zdnyks@gmail.com , sdnyksrajasthan@gmail.com
5	Haryana	Kurukshetra	Sh. Sahib Singh	Sh. Pradeep Kumar, Mobile 9466980646, Email- nykkkr@yahoo.com	Nehru Yuva Kendra Sangathan, Jwala Hostel PEC Campus Gate No. 1, Sector-12, Chandigarh, Haryana	Phone No.:- 0172-2745505, Mobile:9416800972 Email- nyksharyana@gmail.com

Budget details of 1 team leader for North East Youth Exchange Programme

Sl. No.	Main Head	Particular	Amount
			(In Rs)
1	Travelling Allowance	Average of TA (a & b) a) T.A. to Team Leaders of Arunachal Pradesh, Manipur, Tripura, Nagaland and Meghalaya @ Rs. 2000/- per head from residence to district headquarter and back (2000) subject to actual	1500
2		b) T.A. to Team Leaders of Assam and Sikkim @ Rs. 1000/- per head from residence to district headquarter and back (1000) subject to actual	2400
3		c) Travelling allowance (to and fro) from District to programme place and back @ Rs. 2400/- per head subject to actual	250
		d) Local TA from Station/Bus stand to the place of accommodation of the Team Leaders and back @ Rs. 250 per Escort	250
4	D.A during Journey	D.A. @ Rs. 250/- per head for journey for 8 days journey during the programme (250x8) subject to actual	2000
5	Boarding and Lodging	B&L expenses @ Rs. 350/- per head per day for 8 day (6+2 days (1 day prior to departure briefing and 1 day on return for debriefing))(350x8)	2800
6	T-shirts, Trousers and Caps	Procurement of T-shirt, Trouser and Cap for Team Leaders @ Rs. 1000	1000
7	Insurance	ID cards, insurance etc. @ Rs. 200 per person	200
		Total	10150
		For 25 Team Leaders =10150 x 25	2,53,750

Nehru Yuva Kendra Sangathan
North East Youth Exchange Programme- 2018-19
Summary Reporting Format and points for submitting detailed Report
(To be prepared by the State Director of Organising Zone/State)
Part - A

Zone: **State:** **Name of State Director:**

1. Date: From to
2. Venue of North East Youth Exchange Programme:
3. Collaborating Departments and Agencies:.....
4. **Resources support Mobilized:**
 - a) Material (Type) Quantity Value (in Rs.)
 - 1.
 - 2.
 - b) Fund (in Rs.)
5. Name of Resource Persons who took the sessions on North East Youth Exchange Programme
 - i.
 - ii.
 - iii.
6. Name and Designation of Dignitaries/VIPs attended the North East Youth Exchange Programme
 - i.
 - ii.
 - iii.
 - iv.
7. **Brief on Programme & activities organised including issues & topics covered in North East Youth Exchange Programme**
8. **Details of Participants & team leaders**

Sl. No.	Participating State	Participants														Team leaders	
		SC		ST		OBC		Minority		PWD		General		Total		M	F
		M	F	M	F	M	F	M	F	M	F	M	F	M	F		
1.																	
2.																	
3.																	
4.																	

9. It is certified that all the participants & Team leaders attended the North East Youth Exchange Programme activities and programmes were organized.

Signature of State Director

Signature of Youth Coordinator

Part B

Details of Programmes & Activities organised (to be provided in the detailed report)

The detailed qualitative report of North East Youth Exchange Programme should also cover the following points as well as Part-A above along with press cutting, action photographs, audio visual clippings, opening and closing ceremony.

Inaugural ceremony:- Details of eminent personality attended the programme along with details of proceedings & programs on Inaugural function should be given.

Padyatra & Costume Parade to commemorate 150th Birth Anniversary of Mahatma Gandhi

Lecture Series:- Details of resource person, topics covered, deliberation made.

Interactive session:- Details of meeting with VIP

Career guidance and counselling: - Session covered under Career guidance and counselling with detailed information on opportunities for employment and self employment avenues.

Visit to institute of National Importance, Historical and cultural places- understanding the social and cultural ethos of the country and understanding the diversity of great Indian civilisation, cultural and historical heritage.

Experience sharing and development of Action Plan.

Closing Ceremony- Details of eminent personality attended the programme along with details of proceedings & programs on closing function should be given.

Nehru Yuva Kendra Sangathan
North East Youth Exchange Programme, 2018-19

Date _____ to _____

Venue:- _____

Expectations of the Participants

(Questionnaire to be filled in by the participants on arrival)

1. Why did you wish to participate in North East Youth Exchange Programme?

2. Have you ever visited any part of India earlier? If Yes, what was your experience?

3. What are your expectations from this programme?

4. Do you have friends/relatives outside your state _____ yes/no
If yes, Name the place _____
5. What are your opinion about National Integration, Democracy, Peace, Harmony and Fraternity and what measures you will take to strengthen these?

6. Do you know about the youth development programmes run by Nehru Yuva Kendra, and other department of Govt. in your state/district, if yes please elaborate.

7. In which programmes you are interested. (Group Discussion, Cultural programme, Debate, Elocution, Field visits, Interactive meeting, Yoga, Exercise, Sports & games etc) please specify?

8. What are your hobbies? Please specify

9. What measures should be taken for mainstreaming the Youth from North Eastern States to the national mainstream?

10. What specifically would you like to learn & get experience from this programme?

11. Any other point you would like to mention

Nehru Yuva Kendra Sangathan
North East Youth Exchange Programme, 2018-19

Date _____ to _____

Venue:- _____

Feedback Form for Participants

(Questionnaire to be filled in by the participants at the end of the programme)

1. Name of participant (Optional) _____

2. What was your first feeling when you boarded the train for the venue and what are your thoughts and impression now?

3. Did the mainland you imagined, differ from places you experienced, If yes, in what ways

4. Have you made any friends during this programme if yes, how many and common areas of interest?

5. What impressed you much about our country's
Diversity _____
Traditions _____
Culture _____
Languages and Dialects _____
Any other (Pl. Specify) _____

6. Did this programme enrich your knowledge about places you visited, and its culture, economy, social structure etc. If yes, in what ways?

7. In what way do you think you can contribute in promoting peace, friendship, fraternity, youth development and combating terrorism?

8. What role you would play after attending the North East Youth Exchange Programme for mainstreaming the Youth with the national mainstream?

9. How would you disseminate the information you have accumulated in North East Youth Exchange Programme to your peer groups for their benefit?

10. What improvements would you suggest in the organization of North East Youth Exchange Programme? The activities you wish to be added/excluded from the programme.

11. Your overall impression on:

- Boarding and Lodging:- _____

- Travel arrangements:- _____

- Programmes and activities:- _____

- Places visited:- _____

- Interaction with VIPs:- _____

- Interaction with Youth:- _____

12. Any other comment you would like to register apart from above points.

Venue wise and district wise details of Participants and Team Leaders for North Eastern States

Sl. No.	Name of Venue/ State	Participants/ Team Leaders	Number of Participants from North Eastern States								Total Participants & Team leaders at the Programme Venue
			Arunachal Pradesh	Assam	Manipur	Meghalaya	Mizoram	Nagaland	Sikkim	Tripura	
1	Patna (Bihar),	Participants	32	32	32	32	30	32	30	30	250
		Team Leader	3	4	3	3	3	3	3	3	25
2	Nagpur (Maharashtra),	Participants	32	32	32	32	30	32	30	30	250
		Team Leader	3	4	3	3	3	3	3	3	25
3	Raipur (Chhattisgarh),	Participants	32	32	32	32	30	32	30	30	250
		Team Leader	3	3	3	4	3	3	3	3	25
4	Udaipur (Rajasthan),	Participants	32	32	32	32	30	32	30	30	250
		Team Leader	3	3	4	3	3	3	3	3	25
5	Kurukshetra (Haryana),	Participants	32	32	32	32	30	32	30	30	250
		Team Leader	3	3	3	3	3	4	3	3	25
		Total	175	177	176	176	165	176	165	165	1375
Total Participants			160	160	160	160	150	160	150	150	1250
Total Team Leaders			15	17	16	16	15	16	15	15	125

Budget

Details of Host State wise budget for the organisation of North East Youth Exchange Programme, 2018-19																
PAO Zone	Name of State	Venue of Programme	No. of Team Leader	No. of Participants	Boarding and Lodging @ Rs. 350 for 6 days		Resource Kit/Bag @ Rs. 200 to the participants	Organi-sation of interactive programme @ Rs. 25000/-	Inaugu-ral & Valend-iction functions & cultura l programme , Videog-raphy	Printin g of Progra mme, Brouch-ures, Banner s and skill photog-raphs to the partici pants	Transp ortatio n of partici pants	Themati c Program me (every day)	Docume ntation & Reports preparati on	Medica l Assist-ance for partici pants @ Rs. 2000 per day for 6 days	Total amount for Concern ed State	Total amount in PAO
					Team Leader	Participa nts										
Bhuban-eshwar	Bihar	Patna	25	250	52500	525000	50000	50000	80000	80000	50000	70000	50000	12000	1019500	1019500
Gandhin-agar	Maharas-htra	Nagpur	25	250	52500	525000	50000	50000	80000	80000	50000	70000	50000	12000	1019500	2039000
	Chhattis-garh	Raipur	25	250	52500	525000	50000	50000	80000	80000	50000	70000	50000	12000	1019500	
Alipur	Rajastha-n	Udaipur	25	250	52500	525000	50000	50000	80000	80000	50000	70000	50000	12000	1019500	2039000
	Haryana	Kuruksh-etra	25	250	52500	525000	50000	50000	80000	80000	50000	70000	50000	12000	1019500	
Total			125	1250	262500	2625000	250000	250000	400000	400000	250000	350000	250000	60000	5097500	5097500

Budget

Fund release for participating States for North East Youth Exchange Programme, 2018-19

P A O Z o n e	Name of States	No. of Participants	No. of Team Leaders	Travelling Allowance						D.A during Journey @ Rs. 250 for 8 days = Rs. 2000 per person		B&L expenses @Rs. 350 for 2 days for the participants for briefing & Debriefing Sessions		Procurement of T-Shirts & Trousers @ Rs. 1000 for the participants		Insurance and ID cards Rs. 200 for participants and Team leaders		Total amount for concerned State	Total amount for PAO
				from residence to State headquarter @ Rs.1000-Rs. 2000		To and fro from State Hqtrs to programme place and back @ Rs. 2400/- per head subject to actual		Local TA from Station /Bus stand to the place of accommodation @ Rs. 250		Participants	Team leaders	Participants	Team leaders	Team Leader	Participants	Participants	Team leaders		
				Participants	Team leaders	Participants	Team leaders	Participants	Team leaders										
Guwahati	Arunachal Pradesh	160	15	320000	22500	384000	36000	40000	3750	320000	30000	112000	10500	160000	15000	32000	3000	1488750	11223750
	Assam	160	17	160000	25500	384000	40800	40000	4250	320000	34000	112000	11900	160000	17000	32000	3400	1344850	
	Manipur	160	16	320000	24000	384000	38400	40000	4000	320000	32000	112000	11200	160000	16000	32000	3200	1496800	
	Meghalaya	160	16	160000	24000	384000	38400	40000	4000	320000	32000	112000	11200	160000	16000	32000	3200	1336800	
	Nagaland	160	15	320000	22500	384000	36000	40000	3750	320000	30000	112000	10500	160000	15000	32000	3000	1488750	
	Tripura	150	16	300000	24000	360000	38400	37500	4000	300000	32000	105000	11200	150000	16000	30000	3200	1411300	
	Sikkim	150	15	150000	22500	360000	36000	37500	3750	300000	30000	105000	10500	150000	15000	30000	3000	1253250	
Mizoram	150	15	300000	22500	360000	36000	37500	3750	300000	30000	105000	10500	150000	15000	30000	3000	1403250		
	Total	1250	125	2030000	187500	3000000	300000	312500	31250	2500000	250000	875000	87500	1250000	125000	250000	25000	11223750	

The detailed Report of North East Youth Exchange Programme should come in the following manner (in 3 copies).

The contents of the North East Youth Exchange Programme, 2018-19 (North East Youth Exchange Programme) report should contain the following:-

1. Front & Back Cover Page (sample attached)
2. In the inner cover of front and back page a brief write up along with their photographs on Local North Eastern Youth Icon/Hero of the area from where the North Eastern youth have attended the NEYEP
3. Quotation of the Hon'ble PM on Youth
4. Situation of Youth in the State
5. Credential of NYKS
6. Background and Context
7. Aims and Objective (as per the NEYEP guidelines)
8. A brief on the background of the youth participated in NEYEP, 2018-19
9. Implementing strategy
10. Material provided in the kit eg. IEC material, booklets, etc.
11. **Details of day wise Programme and Activities** should be given along with reporting proforma (Annexure-10-a & b) duly supported by maximum number of relevant action photographs which should include :-
 - Picture on Lectures/Question answer session (on core issues mentioned in the guidelines) of the North East Youth Exchange Programme
 - 3 pictures of visit to institution of National importance, industry, historical places etc.
 - Interaction with VIPs, (Name of VIPs, Resource Persons and dignitaries attended the programme should be annexed).
 - Feedback and Evaluation session
 - Action pictures on games, yoga, cultural programme, Padyatra, costume parade, Shramdaan, feedback of Youth, food, residential arrangement, group discussion, VIP interaction, opening and closing ceremony, symposia seminar, Career Guidance exhibition etc.

Write up on each activity undertaken in the NEYEP	Photographs of that activity should be given
Write up on other activity undertaken in the NEYEP	Photographs of that activity should be given

12. Financial implication (submission of Audited Utilization Certificate)
13. Feedback of participants from Annexure-11 (a) & 11 (b) and analysis of feedback of participants
14. Outcome and Conclusion
15. The report should be duly supported by sample invitation cards, press clippings and audio video CDs.
16. List of VIPs, State/District level officials and other dignitaries attended programme along with list of resource persons
17. Collage of Press Clippings



Report of
North East Youth Exchange Programme



Nehru Yuva Kendra Sangathan

समृद्धि से सब

साथ साथ
कस की जीत..



2018-19

Organized By

Nehru Yuva Kendra Sangathan

(Ministry of Youth Affairs and Sports, Govt. of India)

In collaboration with Ministry of Home Affairs, Govt. of India



Arise, Awake, And Stop Not Till the Goal is Reached

-Swami Vivekananda

Back Cover Page



उत्तर पूर्वी युवा आदान प्रदान कार्यक्रम



विद्यया युवा परिशीलनम्

युवा युवा वेद मूल

साथ साथ
काम की ओर...

2018-19

आयोजक-

नेहरू युवा केन्द्र संगठन

:युवा कार्यक्रम एवं खेल मंत्रालय, भारत सरकारद्व

सहयोग: गृह मंत्रालय, भारत सरकार



"उठो, जागो और तब तक मत रुको जब तक लक्ष्य की प्राप्ति न हो जाए"

आर्या विवेकानंद

**Tentative Schedule of organisation of North East Youth Exchange Programme
2018-19**

Sl. Name	Name of Venue (State)	Tentative Date
1.	Patna (Bihar)	1st week of Feb, 2019
2.	Nagpur (Maharashtra)	2nd week of Feb, 2019
3.	Raipur (Chhattisgarh)	3rd week of Feb, 2019
4.	Udaipur (Rajasthan)	1st Week of March, 2019
5.	Kurukshetra (Haryana)	2nd Week of March, 2019

The exact date and venue of the programme must be sent by 30th December, 2018 by the concerned State Director, NYKS.